

Name	Variety	Indoor I/Outdoor O	Planting advice	Care	Ready to harvest	Comments
Asparagus	Mary Washington	O	Plant in full sun in a 20 cm deep bed 45 cm apart. Make a 10 cm ridge down the middle of the whole bed and place the crowns on top of the ridge to allow the roots to dangle down. Cover plants with 10 cm of soil. Plants require full sun.	Only harvest in the third year from planting. Discard and compost any plants that produce berries, these are female and are less productive. Cut down and compost foliage in late autumn each year. Keep plants moist and weed free.	May - June	Spears are suitable for freezing.
Asparagus Pea	The winged Pea	O	Plant 5 cm apart in rows 35 cm apart.	Keep weed free and regularly watered. Protect plants from birds by dangling old cd's around the plants. Harvest when the pods are 3 - 4 cm long. Can be grown	June - Aug	To cook top and tail the pods, steam or boil lightly and serve with butter. Also try to avoid supporting the plants with netting as birds and small mammals can get trapped in them.

				without any support. Pick pods regularly		
Aubergine	Early Long Purple 3	I/O	Better for indoor growing 1 plant in a large pot.	Keep moist. When flowers start to appear feed with a high potassium feed ie tomato feed (preferably organic). Usually once a week but check the label instructions	Aug - Oct	Look up a recipe for Baba ganoush.
Basil	Lemon	I/O	Can be grown in a pot on a bright windowsill. Or plant outside 20 cm apart from June.	Water only when the leaves start to wilt and do not let the plants sit in water for too long. Leaves are best picked and used immediate before use. Remove any flowers to prolong picking.	June - Oct	A distinct citrus flavour, delicious torn into salads.

Broad Bean	Bunyards exhibition	O	Plant 30 cm apart in rows 60 cm apart in a sunny position.	Provide support by tying stem to a cane. Pinch out the growing tip when the lowest pods have formed to discourage blackfly. Keep moist and weed free. Plants can grow to 1 m tall. Pick regularly while the beans are small and tender.	June - Aug	Blanch the podded beans in boiling water for 30 seconds and then remove the grey outer skin once cooled, the little green beans are lovely in a homemade risotto.
Broad Bean	Witkiem Manita	O	Plant 10 cm apart in rows 60 cm apart in a sunny position.	May need staking with a cane. Once the first beans have set remove the growing tip to discourage black fly.	June - Aug	A fast maturing variety. Great for freezing
Broccoli	Autumn Green Calabrese	O	Plant 45 cm apart between plants and rows, in well drained soil. Firm plants in well.	Water well until plants are established. Keep consistently moist and weed free. Once the main head has been harvested, the plants will produce more	Sept - Nov	Delicious steamed, stir-fried or eaten raw.

				side shoots for picking.		
Broccoli	Summer Purple	O	Plant 60 cm apart between plants and rows in a moisture retentive soil. Will tolerate a sunny position.	Keep moist and weed free. Pick young shoots regularly to encourage cropping.	June - Oct	Tender green stems with purple florets. Great flavour.
Butternut squash	Butterfly F1	O	Plant 90 cm apart in a sunny sheltered position. Keep moist and weed free. Alternative plant in a large deep pot.	Keep moist and weed free. These like to ramble so don't plant too close to other veg.	Sept - Nov	Great for roasting!
Cabbage	Greyhound	O	Plant 30 cm apart with 30 - 38 cm between rows	Water regularly and keep weed free. Keep birds away by dangling old cd's around plants. Pick off any caterpillars by hand.	June - Oct	A good source of vitamins A, B and C.

Cabbage	April (Spring)	O	Plant 30 cm apart for larger cabbages or 10 cm apart for spring greens.	Keep moist and weed free. Look out for caterpillars and remove any by hand. Discourage birds by tying old cds to canes around the plants.	July - Sept	A crisp cabbage ideal for coleslaws.
Cape Gooseberry	Golden Berry	I/O	Plant 40 cm apart in a sheltered sunny position once all frosts have passed. Can be grown as 1 plant in 1 large pot. Can be grown in a greenhouse.	Fruit is ripe when the papery husks begin to dry out and can be left on the plant until needed. Keep moist and weed free.	July - Oct	Juicy orange coloured fruits with a fruit cocktail flavour. Lovely used on cakes and desserts.
Cape Gooseberry	Physalis peruviana	O	Plant 30 cm apart in a sheltered sunny position once all frosts have passed. Can be grown as 1 plant in 1 large pot. Can be grown in a greenhouse.	Fruit is ripe when the papery husks begin to dry out and can be left on the plant until needed. Keep moist and weed free.	July - Sept	Excellent for making jams and jellies. Can be used in pies and smoothies too,

Cauliflower	All the Year Round	O	Plant 60 cm apart in a sunny position. Firm plants in well.	Keep moist and weed free. Snap and turn the outer leaves over the heads to protect against sunlight and to preserve the curd quality. Look out for caterpillars and remove any by hand. Discourage birds by tying old cds to canes around the plants	June - Oct	Large, white curds. Great baked as 'steaks' with oil and spices.
Chilli Pepper	Raam	I/O	Plant 1 plant into a 25 cm container either in a greenhouse or in a sunny position 50 cm apart. Support plants by tying to a cane.	Do not let the plants roots sit in water, but keep consistently moist. Feed with a high potassium liquid feed ie tomato feed (preferable organic) once flowers and fruit start to set. Fruits can be picked when green or red.	July - Oct	Medium - hot chilli pepper. Chilli peppers are perennial, they can be overwintered on a sunny window sill. Feed with high nitrogen organic feed in early spring and repot into a slightly bigger container before gradually acclimatising the plant to it's outdoor or greenhouse position.

Chilli Pepper						
Chilli Pepper	Machu Pichu	I/O	Plant 1 plant into a 25 cm container either in a greenhouse or in a sunny position.	Do not let the plants roots sit in water, but keep consistently moist. Feed with a high potassium liquid feed ie tomato feed (preferable organic) once flowers and fruit start to set.	July - Oct	Mild chilli pepper. Chilli peppers are perennial, they can be overwintered on a sunny window sill. Feed with high nitrogen organic feed in early spring and repot into a slightly bigger container before gradually acclimatising the plant to it's outdoor or greenhouse position.
Courgette	Royal Flush F1	O	Plant 60 cm apart in sunny position. Or alternatively 1 plant in 1 large pot.	Water regularly. Pick regularly to encourage cropping.	July - Oct	Lots of courgette recipes on line. The flowers are edible and lovely deep fried in a tempura batter.
Courgette	Astia f1	O	Plant 60 cm apart in June in full sun. Keep moist and weed free at all times. Can be planted in a large pot, NB 1 plant per pot.	Keep weed free and regularly watered. Pick regularly to encourage cropping.	July - Oct	Lots of courgette recipes on line. The flowers are edible and lovely deep fried in a tempura batter. Courgette and Lime cake is a particular favourite!

Courgette	Soleil F1 Hybrid	O	Plant 75 cm apart in sunny position. Or alternatively 1 plant in 1 large pot. Prefers moist and rich soil in full sun.	Feed with an organic high potassium liquid fertiliser once fruits start to set. Pick regularly to encourage cropping. Keep weed free and regularly watered.	July - Oct	Lots of courgette recipes on line. The flowers are edible and lovely deep fried in a tempura batter. Courgette and Lime cake is a particular favourite!
Courgette	Shooting Star F1 Hybrid	O	A climbing golden skinned courgette. Plant at least 3 plants together to ensure pollination 60 cm apart in a sunny position once all frosts have passed. Grow vertically up a support such as a trellis or an arch.	Feed with an organic high potassium liquid fertiliser once fruits start to set. Tie stems in regularly to the support/s. Water and pick regularly to extend the harvesting season.	July - Oct	Can be used raw in salads and can be used in stir fries.
Courgette	Striato d'Italia	O	Plant 60 cm apart in a sunny position. Or alternatively 1	Keep moist and weed free. Pick regularly to encourage cropping.	July - Oct	A ridged courgette with a nutty flavour and firm texture. Slice lengthways and griddle.

			plant in 1 large pot.			
Cucumber	Marketmore	O/I	Ideally 1 plant per approx 45 cm container or 60 cm apart in a veg bed. Requires full sun. Can also be grown in a greenhouse.	These like to ramble so some support with canes and string arrangement or trellis would be ideal, tie in the plant to the support as it grows. Feed with a high potassium feed ie tomato feed (preferable organic) once flowers and fruit start to set, usually weekly but follow label instructions	July - Oct	
Cucumber	Gherkin venlo pickling	O	Plant 60 cm apart in a sunny position from June, and train up wires or bamboo canes with a string netting pattern.	Keep moist and weed free. Pick gherkins when approximately 5 cm long	July - Oct	Great flavour with a crunch, ideal for pickling.

Dwarf French Bean	Tendergreen	O	Plant 40 cm apart in a bed or in a large container, in a sunny position.	Keep well watered, no support required.	May - Oct	Easy to grow and delicious steamed or stir-fried.
Fennel	Green	O	Plant 40 cm apart in a sunny position with free draining soil.	Plants can grow to 150 cm in height and spread 50 cm. The leaves and seeds are harvested. This is a hardy perennial herb that should return year after year.	July - Oct	Harvest leaves before flowering for drying and harvest seeds once they are ripe. This plant looks great in an ornamental garden.
French Bean	Dwarf Purple Queen	O	Plant 45 cm apart in a warm and sheltered spot. Keep moist and weed free.	No support required.	Aug - Sept	Stingless variety of deep purple pods, the plants have beautiful purple flowers. The pods will turn green once they are cooked.
French Marigold	Naughty marietta	I/O	Plant 20 cm apart in the ground in a sunny position or in pots or hanging baskets.	Keep moist and weed free. Remove dead flowers to encourage more blooms.	June - Oct	A good companion plant for tomatoes, it is believed they help repel white fly from attacking tomato plants. Also great for attracting pollinators.

Good King Henry	Perennial Herb	O	Space plants 20 cm apart in well drained soil and full sun.	Don't allow the soil to dry out in summer. Harvest leaves (that taste similar to spinach whilst dry and when the sun is not too strong.	June onwards	Leaves eaten as spinach, the young shoots can be cooked and served like asparagus.
Japanese Cucumber	F1 Zipangu	I/O	Ideally 1 plant per approx 45 cm container or 45 cm apart in a veg bed. Requires full sun. Can also be grown in a greenhouse.	These like to ramble so some support with canes and string arrangement or trellis would be ideal, tie in the plant to the support as it grows. Feed with a high potassium feed ie tomato feed (preferable organic) once flowers and fruit start to set, usually weekly but follow label instructions.	July - Oct	A medium to long variety. Good in salads and for pickling.
Kale	Curly scarlet	O	Plant 45 cm apart between plants and rows between June and August. Firm	Keep moist and weed free, look out for caterpillars and remove any by hand.	Sept - Dec	Richly coloured. Will look good in an ornamental border and will crop throughout the autumn and winter.

			the plants in well.			
Kalettes	Mixed F1	O	Plant 60 cm apart and in rows in a sunny position. Firm the plants in well.	Keep moist and weed free.	Oct - March	A combination of Brussels sprouts and Kale. Can be steamed, stir-fried, boiled, blanched or eaten raw.
Marrow	Long Green Bush 4	O	Plant 60 cm apart in a sunny position. Or alternatively 1 plant in 1 large pot.	Marrows prefer a rich in humus soil. Water regularly to keep moist	July - Oct	Bush habit so this will be good in a smaller space.

Melon	Emir F1	1	Needs a greenhouse. Plant 1 plant in a large pot provide support and tie in stem as it grows. Hand pollination is required take the male flower (no bulge) to the female flower (with bulge) and rub pollen onto female flower, remove male flower after use.	Hand pollination is required - take the male flower (no bulge) to the female flower (with bulge) and rub pollen onto female flower, remove male flower after use. Once main stem reaches 60 cm pinch out the growing tip to encourage side shoots. Select 4 strongest lateral shoots and pinch out once they have produced 3 more leaves to encourage more side shoots, which should then be pinched out after 2 leaves, then allow a further side shoot to grow and pinch out after one leaf.	July - Sept	Tolerant of low temperatures, round to oval shape with greyish-green peel colour turning orange when mature. Very fragrant and sweet tasting.
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Nasturtium	Peach Melba	O	Plant 30 cm in a flower border or near growing vegetables at the edge of the veg plot. Also good in containers or hanging baskets	Keep moist until established. Remove withering flowers to encourage more flowers set	N/A	Do not feed as these prefer poorly soils. The petals and leaves are edible, pepper flavour and lovely in Salads. Also the leaf is Hortulani's logo :-)
Nasturtium	Tip top mixed	O	Plant 30 cm in a flower border or near growing vegetables at the edge of the veg plot. Also good in containers or hanging baskets	Keep moist until established. Remove withering flowers to encourage more flowers set	N/A	Do not feed as these prefer poorly soils. The petals and leaves are edible, pepper flavour and lovely in Salads. Also the leaf is Hortulani's logo :-)

Pea	Mange tout All season	O	Plant in the ground or in large deep pots approx 5 cm apart, if in rows 75 cm apart. Full sun.	Water plants regularly. Support plants with twiggy sticks.	June- Oct	We can't guarantee which variety you will get as they were all packaged together so it'll be Mange tout roulette however the varieties sown were Oregon Sugar Pod, Sweet Horizon and Kennedy. Also try to avoid supporting the plants with netting as birds and small mammals can get trapped in them.
Pea	Snap Nairobi	O	Plant 5 cm apart in rows 60 cm apart. Can also be grown in a deep container.	Protect plants from birds by dangling old cd's around plants. Support plants either with twiggy sticks or bamboo canes and string (in a criss cross pattern). Pick regularly to encourage more pods. Water regularly.	June - Sept	Eaten the whole pod. Also try to avoid supporting the plants with netting as birds and small mammals can get trapped in them.

Pea	Early Onwards	O	Plant 55 cm apart in a bed or in a large container, in a sunny position. Support with twiggy sticks.	Keep well watered and weed free.	June - Aug	Easy to grow.
Pepper	Sweet Romano mixed	I/O	Plant 1 plant into a large pot or space plants outdoors 30 cm apart in full sun.	Keep moist and weed free. Outdoor crops will produce peppers later than indoor grown crops. Feed with an organic high potassium fertiliser once the first flowers have formed.	June - Oct	Colourful mix of sweet large elongated peppers. Great for stuffing.
Rhubarb	Victoria	O	Plant 75 cm apart, firm in well.	Keep moist and weed free. Remove any flowers that form, feed well in Autumn - eg well rotted manure. Will cope with full sun and semi shade. NEVER EAT THE LEAVES they can cause harm if eaten. Only eat	May - Aug	To force, cover plants with a large container/bucket when new spring growth appears, to exclude light and create extra tender stems.

				the stems. Remove the stems by hand simply hold near the base/crown and pull down with a slight twist, the stem should remove easily		
Runner bean	Scarlet Emperor	O	Plant 30 cm apart in a bed or a large container. Support with an a frame of canes or a cane wigwam.	Keep well watered and weed free. As well as watering the base, spray water onto the flowers to encourage cropping.	July - Oct	Beans can be sliced and frozen in batches to be enjoyed over the winter months.
Squash	Uchiki kuri	O	Plant 90 cm apart in a sunny position. Or alternatively 1 plant in 1 large pot.	Keep moist and weed free. These like to ramble so don't plant too close to other veg. Harvest before the first frosts as the squashes will rot.	Sept - Oct	A Japanese variety, very sweet and nutty in flavour. Will store for many weeks in a cool, dry frost free place.

Squash	Musquee de Provence	O	Plant 90 cm apart in a sunny position. Or alternatively 1 plant in 1 large pot.	Keep moist and weed free. These like to ramble so don't plant too close to other veg.	Aug - Nov	Deep orange great flavoured squash. Ideal for slicing and baking in wedges.
Squash Winter	Crown Prince F1	O	Plant 60 cm apart in a sunny position. Or alternatively 1 plant in 1 large pot.	Keep moist and weed free. These like to ramble so don't plant too close to other veg.	Sept - Oct	Excellent for storing, fruits can keep for up to 5 months in a warm dry place.
Squash winter	Turks Turban	O	Plant 90 cm apart in a sunny position. Or alternatively 1 plant in 1 large pot.	Keep moist and weed free. These like to ramble so don't plant too close to other veg. Harvest before the first frosts as the squashes will rot.	Sept - Oct	Will store for many weeks in a cool, dry frost free place. Roast, fry, pickle, char-grill, bake or use in chutneys.
Squash Winter	High Sugar Mixed F1 Hybrid	O	Plant 90 cm apart in a sunny position. Or alternatively 1 plant in 1 large pot.	Keep moist and weed free. These like to ramble so don't plant too close to other veg. Harvest before the first frosts as the squashes will rot.	Aug - Oct	Will store for many weeks in a cool, dry frost free place. Small sized fruits, high sugar tasting. Great for baking, boiling or roasting.

Strawberry	Baron solemacher	O	Plant 20 cm apart in the ground or 2 plants per large pot. Plant in full sun.	Keep moist and weed free.	Aug - Oct	An alpine compact variety, the fruits are very sweet.
Sweet corn	Swift F1	O	Plant 40 cm apart in squares to help pollination, in a sunny position.	Keep moist and weed free. Cobs ready to harvest when the end tassels turn brown.	Aug - Sept	A fast growing variety. Great on a BBQ cooked wrapped in foil with some butter or oil.
Sweet Corn	Golden Bantam	O	Plant 45 cm apart in squares to help pollination, in a sunny position.	Keep moist and weed free. Cobs ready to harvest when the end tassels turn brown.	Aug - Sept	Delicious eaten straight from the plant or cooked and served with butter.
Sweet pea	Heirloom Mixed	O	Plant 7.5 cm apart and ideally grow up arches, trellises, obelisks, walls and fences in full sun.	Pinch out the growing points of each stem once the pair of leaves has opened to encourage bushier growth. Keep well fed with a liquid organic high potassium feed and well watered.	June - Aug	Smaller flowered and a lovely fragrance in a variety of colours.

				Cut the flowers regularly.		
Thyme	Herb	I/O	Plant 30 cm in a sunny position, these plants do not tolerate any shade and need a free draining soil. Can also be growing in pots on a warm light windowsill all year round.	Keep weed free, do not over water. Cover the plants with cloches over winter to prolong the life of the plants.	May - July	Low growing covered in small mauve pink flowers in June that attract pollinators. Use the leaves in stews, stuffings and meat and vegetable dishes.
Tomato	Garden Pearl	O/I	Ideal for large patio pot or baskets x 3 per large pot, 2 per hanging basket. In a veg plot plant 60 cm apart. Full sun or semi shade	Keep moist at all times to avoid blossom end rot on fruit. In pots support plants by tying to canes only if fruit becomes too heavy. Once first flower trusses set, feed with a high	Aug - Oct	Bush variety, <u>do not</u> pinch out side shoots

				potassium feed ie tomato feed (preferably organic) usually weekly but follow label instructions		
Tomato	Roma vf	I/O	Indoors one plant per large pot. Outdoors 30 cm apart in a veg plot in a sunny or semi shade position.	Keep moist at all times to avoid blossom end rot on fruit. Support plant by regularly tying the stem to a cane. Once first flower trusses set, feed with a high potassium feed ie tomato feed (preferably organic) usually weekly but follow label instructions. This is a cordon variety so pinch out the side shoots that appear between the leaf and the stem regularly.	June - Oct	A Mediterranean heirloom variety which has few seeds, good for making tomato sauces.

				Pinch out the growing tip once 4 to 6 trusses of flowers/fruit have set		
Tomato	Alicante	I/O	Indoors one plant per large pot. Outdoors 30 cm apart in a veg plot in a sunny or semi shade position.	Keep moist at all times to avoid blossom end rot on fruit. Support plant by regularly tying the stem to a cane. Once first flower trusses set, feed with a high potassium feed ie tomato feed (preferably organic) usually weekly but follow label instructions. This is a cordon variety so pinch out the side	Aug- Oct	Medium sized fruits, excellent flavour.

				shoots that appear between the leaf and the stem regularly. Pinch out the growing tip once 4 to 6 trusses of flowers/fruit have set.		
Tomato	Marmande	I/O	Plant 60 cm apart in a sunny position. Or alternatively 1 plant in 1 large pot. Support with canes. Ideal for outdoor growing but can also be grown in a greenhouse.	Keep consistently moist and weed free. Tie the stem to the cane as the plant grows. Feed with a liquid organic potassium fertiliser once first trusses have set. Pinch out the growing tip once 5 - 6 trusses have formed.	June - Oct	A heavy, ribbed fruit, rich in flavour.

Tomato	Rosella	I/O	Plant 45 cm apart in a sunny position. Or alternatively 1 plant in 1 large pot. Support with canes. Ideal for outdoor growing but can also be grown in a greenhouse.	Keep consistently moist and weed free. Tie the stem to the cane as the plant grows. Feed with a liquid organic potassium fertiliser once first trusses have set. Pinch out the growing tip once 5 - 6 trusses have formed.	July - Oct	Cordon variety. Intense and sweet flavour, cherry sized with dark flesh and skin.
Tomato	Moneymaker	I/O	Plant 45 cm apart in a sunny position. Or alternatively 1 plant in 1 large pot. Support with canes. Can also be grown in a greenhouse.	Keep consistently moist and weed free. Tie the stem to the cane as the plant grows. Feed with a liquid organic potassium fertiliser once first trusses have set. Pinch out the growing tip once 5 - 6 trusses have formed.	Aug - Oct	Cordon variety. Smooth medium sized juicy fruits on heavy trusses.

Tomato	Maskotka	I/O	Plant 1 plant into a medium sized container or hanging basket, positioned in full sun.	Do not pinch out side shoots. Pinch out the growing tip if the trusses become too large. Keep consistently moist to avoid blossom end rot. Feed with a high potassium liquid feed ie tomato feed (preferable organic) once flowers and fruit start to set.	July - Oct	Bush variety. Sweet cherry tomatoes for containers. Ideal for outdoor growing.
Water Melon	Sugar Baby	I	Plant 1 plant in a large pot and provide support in a greenhouse. Needs plenty of space and warmth.	Keep moist and support the stems and melons as they develop.	July - Sept	Small round fruits 20 cm in diameter. Sweet red flesh inside dark green skins. Skins will turn almost black once ripe.